

Core Healing from Sexual Abuse

A Seminar for Pastors, Christian Counselors and Lay Counselors

This workshop provides in-depth training using *Core Healing from Sexual Abuse*. The workshop (English or Spanish) gives attendees practical skills to use with clients in the following three areas:

1. How to help people heal from core damage generated by sexual abuse.
2. How to recognize and repair ongoing negative effects of sexual abuse on psychosexual development.
3. How to pace counseling according to individual's unique needs while establishing realistic treatment goals.

During the six to eight-hour training, depending on setting and schedule, you will learn how to:

- Recognize five core areas damaged by sexual abuse
- Help stabilize those who are re-experiencing trauma of past molestation
- Offer tangible steps to build trust
- Give abuse survivors practical tools to deal with PTSD, anxiety, depression and other ramifications of sexual abuse.
- Identify dissociation and learn basic grounding techniques to help those experiencing it
- Understand how to help people move out of "victim" thinking to a "creator" paradigm
- Integrate Scripture with proven counseling methods

Presenter: Marti Wibbels, MS, LMHC

Marti Wibbels is a Licensed Mental Health Counselor in the State of Florida who has conducted research in the field of sexual abuse since 1980, when she was a lay counselor working on the staff of a church in Colorado Springs. After over twenty years of research, she published the bibliotherapeutic novel, "Secrets Behind the Door," to expose the pandemic problem of sexual abuse and to offer hope to survivors. She published the counseling workbook, "Core Healing from Sexual Abuse: A Journey of Hope" in 2011, based on her work with hundreds of men, women and children from dozens of countries. The workbook is available in English and Spanish editions.

With a Master of Science in Community Counseling, Marti currently has a private counseling practice in Boca Raton, Florida, where she specializes in working with survivors of sexual abuse. She is a member of the American Association of Christian Counselors and presented a workshop on *Core Healing from Sexual Abuse* at AACC's World Conference in 2011. She is a Board Certified Professional Christian Counselor, a member of South Florida Association of Christian Counselors and of Chi Sigma Iota Academic and Professional Honor Society. She has spoken at seminars and conferences throughout the United States and internationally.

For More Information, Fees or to Schedule a Seminar

Palm Beach Counseling & Life Coaching

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